Narden Sonel was born in 14th April 1991 in Cyprus. Her mother being a piano teacher, Narden started playing the piano at the age of four with her mother’s encouragement. Being instructed privately by her mother and other piano teachers, she has passed the ABRSM Grade 8 piano performing exam at the age of fourteen. After graduating from 19 Mayis Turk Maarif College, an English-medium high school in Cyprus in 2009, she joined Goldsmith College, University of London, as a foundation student of Integrated Degree in Music where she studied with Andrew Zolinsky. Alongside the music education at the university, she attended music courses at the Blackheath Conservatoire, based in London.

Narden then attended the BA Music programme at the University of Bristol in 2011 where she studied with Raymond Clarke for three years. In all that time, Narden tried to keep herself busy, improving herself by means of music. She has attended many concerts and performance workshops which has augmented Narden’s knowledge of music to a great extent. Narden accompanied many instrumentalists and vocalists at their recitals voluntarily during her three years at Bristol University and she received an accompaniment prize in her first year at the university. Other than the concerts given at the university, Narden has also performed in important concert venues around Bristol such as the Clifton Cathedral, St. Paul's Church, the Bristol Music Club and the Victoria Rooms. While still at the university, she has played at concerts during her visits back in her home country. She performed at the Bellapais Abbey and organised concerts as a fundraiser for the Kyrenia Hospital.

Having received first class marks for the performance units throughout her university life, Narden has been encouraged to apply for a master's degree in performance and she attended the piano performance masters programme at the Royal Conservatoire of Scotland where she studied as a scholarship student with Sinae Lee and Victor Sangiorgio. During her studies in Scotland, Narden performed as part of the RCS piano festival and was one of the recipients of the Hope Scott Trust award to attend a summer music performance course at the Royal Danish Academy of Music. Narden completed her masters degree in 2015 with a distinction mark.

After her successful audition in June 2015, Narden has been chosen to collaborate with the Cyprus Symphony Orchestra for the 2015/16 period and she is currently performing with the ‘Allegro Vivace’ orchestra. Narden’s recent performances include the Edinburgh Fringe Festival and the Naci Talat Piano Festival.