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Sevde Düzgüner is an assistant professor at Marmara University in Istanbul, Turkey. She got her PhD in the Department of Psychology of Religion at Necmettin Erbakan University. Her dissertation, titled The Perceptions Of Spirituality And Its Relationship To Altruism (A Qualitative And Comparative Research On Blood Donation In Turkey And The United States), was funded by the Scientific and Technological Research Council of Turkey. She had been to the University of Tennessee at Chattanooga, United States, as visiting scholar in 2013. She is also the director of an international research titled "The Intersection of Religiosity, Spirituality and Mysticism: An Empirical Study on Mawlawi Sema Ritual" (a religious and spiritual ceremony also known as whirling dervishes). She has given lecturers on several topics such as personal and social psychology, religion and modern life, self-knowledge, meaning of life, interpersonal communication, relationship between body and spirit, relationship between human and Transcendent being.