



SEX-LINKED INHERITANCE

Dr Rasime Kalkan

Human Karyotype

Picture of Human Chromosomes
22 Autosomes and 2 Sex Chromosomes

ZWK99010 KEY



male
or
female
?

Autosomal vs. Sex-Linked

Traits can be either:

- **Autosomal:** traits (genes) are located on the non-sex chromosomes
- **Sex-Linked:** traits (genes) are located on the sex chromosomes
- Sex chromosomes determine gender (X & Y)
- **XX** genotype for females
- **XY** genotype for males

Human Sex Chromosomes

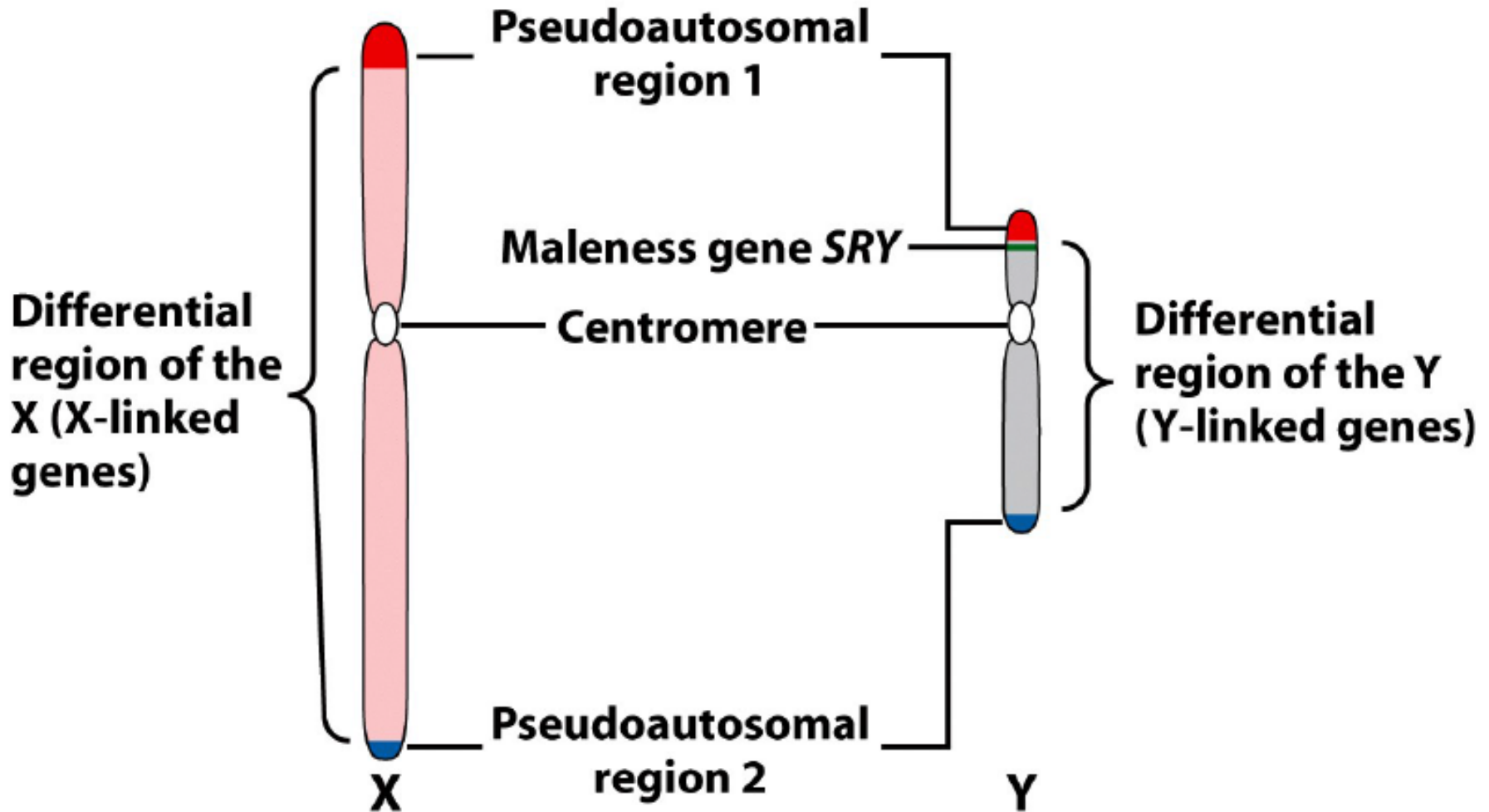


Figure 2-25

Introduction to Genetic Analysis, Ninth Edition

© 2008 W. H. Freeman and Company

Sex-Linked Genes

The Y chromosome is much smaller than the X chromosome and appears to contain fewer genes.

X Chromosome



Duchenne muscular dystrophy

Melanoma

X-inactivation center

X-linked severe combined immunodeficiency (SCID)

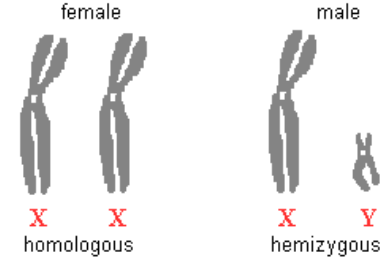
Colorblindness

Hemophilia

Y Chromosome



Testis-determining factor

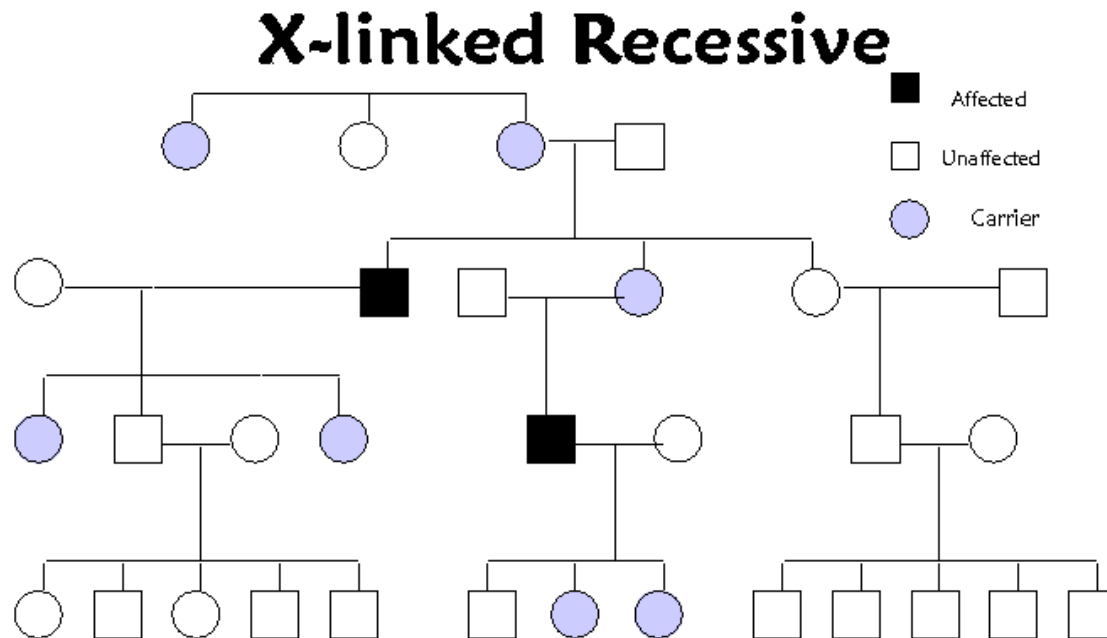


Sex-Linked Genes

- Genes unrelated to gender on the X chromosome.
- Females have **two** X chromosomes (so they can be heterozygous or homozygous for each of these genes)
- Males have **one copy** of the sex-linked genes.
- Thus, the **male** is referred to as **hemizygous**.

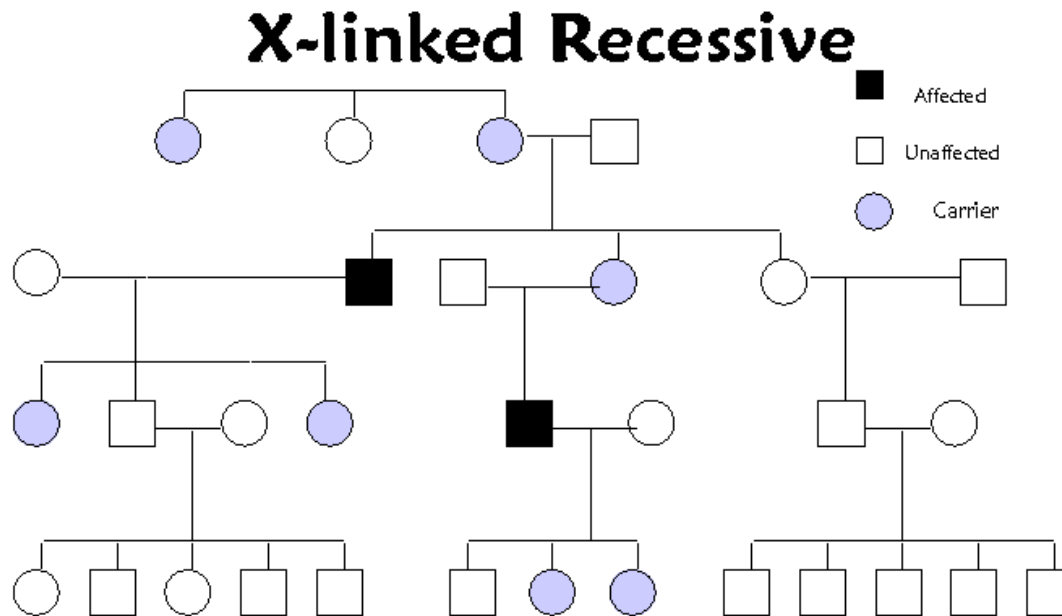
X - linked Recessive Inheritance

- Refers to those situations where a recessive allele on the X chromosome can lead to a trait/condition or disorder.



X-linked Recessive Inheritance

- Males are affected more often than females.
- Affected males will transmit the allele to all daughters, but not to sons.
- Homozygous recessive females can arise only from matings in which the father is affected and the mother is affected or a carrier.



Typical features of X-linked recessive inheritance

- Never passed from father to son.
- Males are much more likely to be affected because they only need one copy of the mutant allele to express the phenotype.
- Affected males get the disease from their mothers and all of their daughters are obligate carriers.
- Sons of heterozygous females have a 50% chance of receiving the mutant allele.
- These disorders are typically passed from an affected grandfather to 50% of his grandsons.

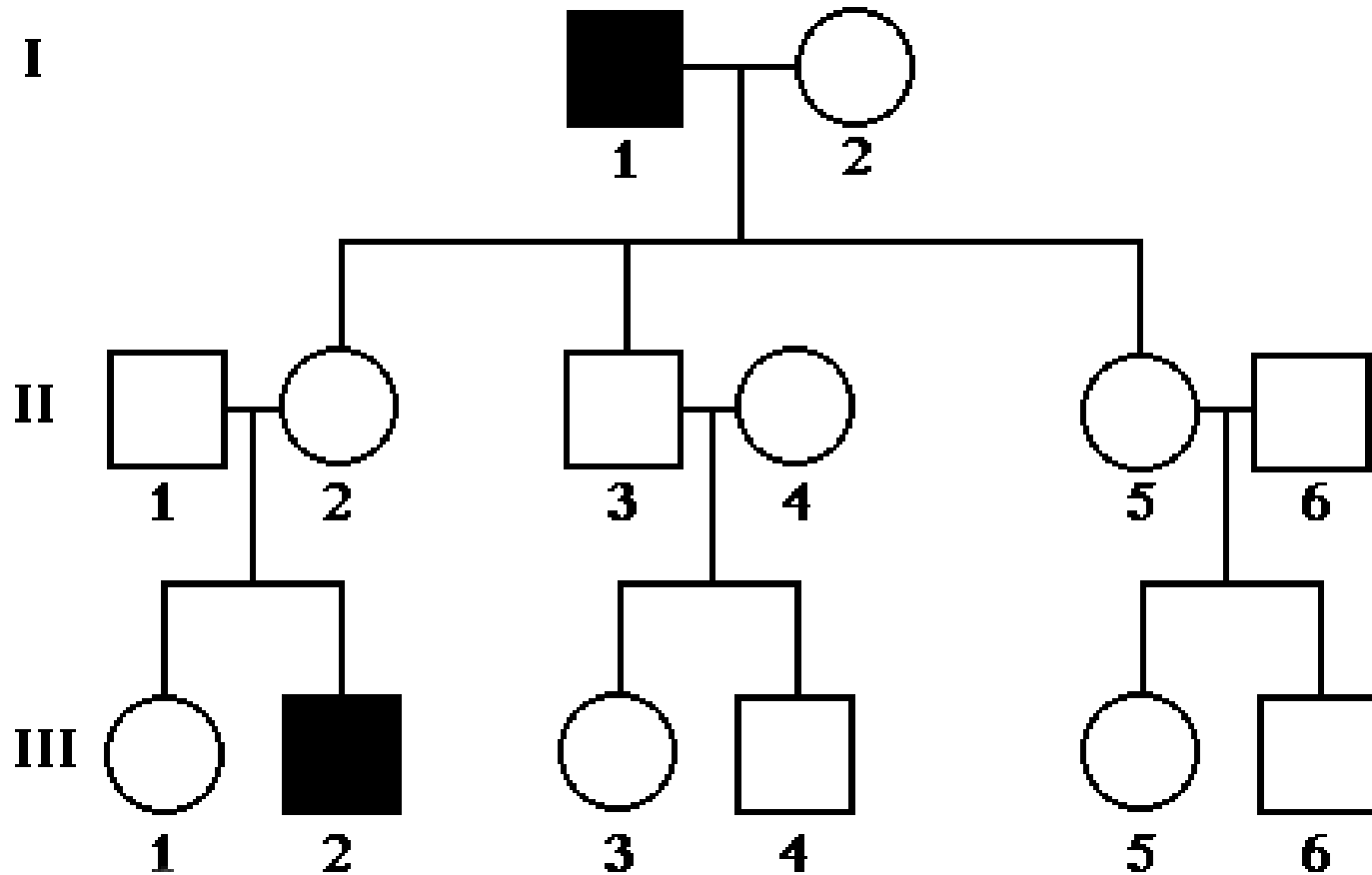
X-linked recessive

- Heterozygous females are usually unaffected, but some may express the condition with variable severity as determined by the pattern of **X inactivation**.
- The mutant allele may be transmitted through a series of carrier females; if so, the affected males in a kindred are related through females.
- A significant proportion of isolated cases are due to new mutation.
- Many X-linked recessive disorders are well-known, including color blindness, hemophilia, and Duchenne muscular dystrophy.

Manifesting Heterozygous or unbalanced (skewed) inactivation for X linked disease

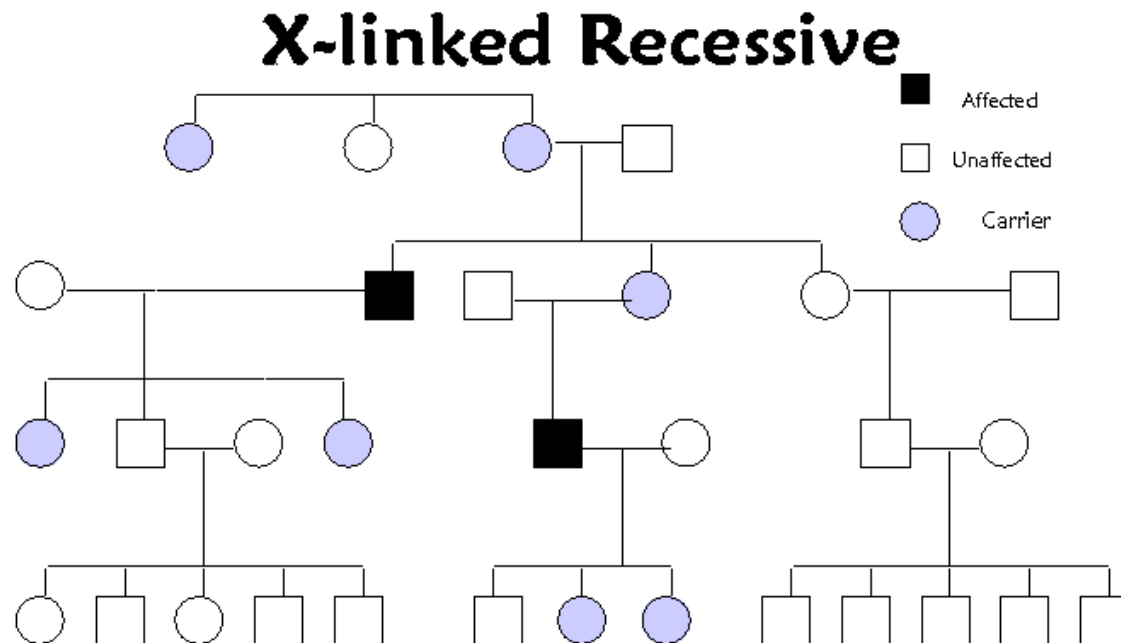
- In those rare instances in which a female carrier of a recessive X linked allele has phenotypic expression of the disease, she is referred to as a **Manifesting Heterozygous**.

The pattern for the pedigree of X-linked recessive inheritance



X - linked Recessive Disorders

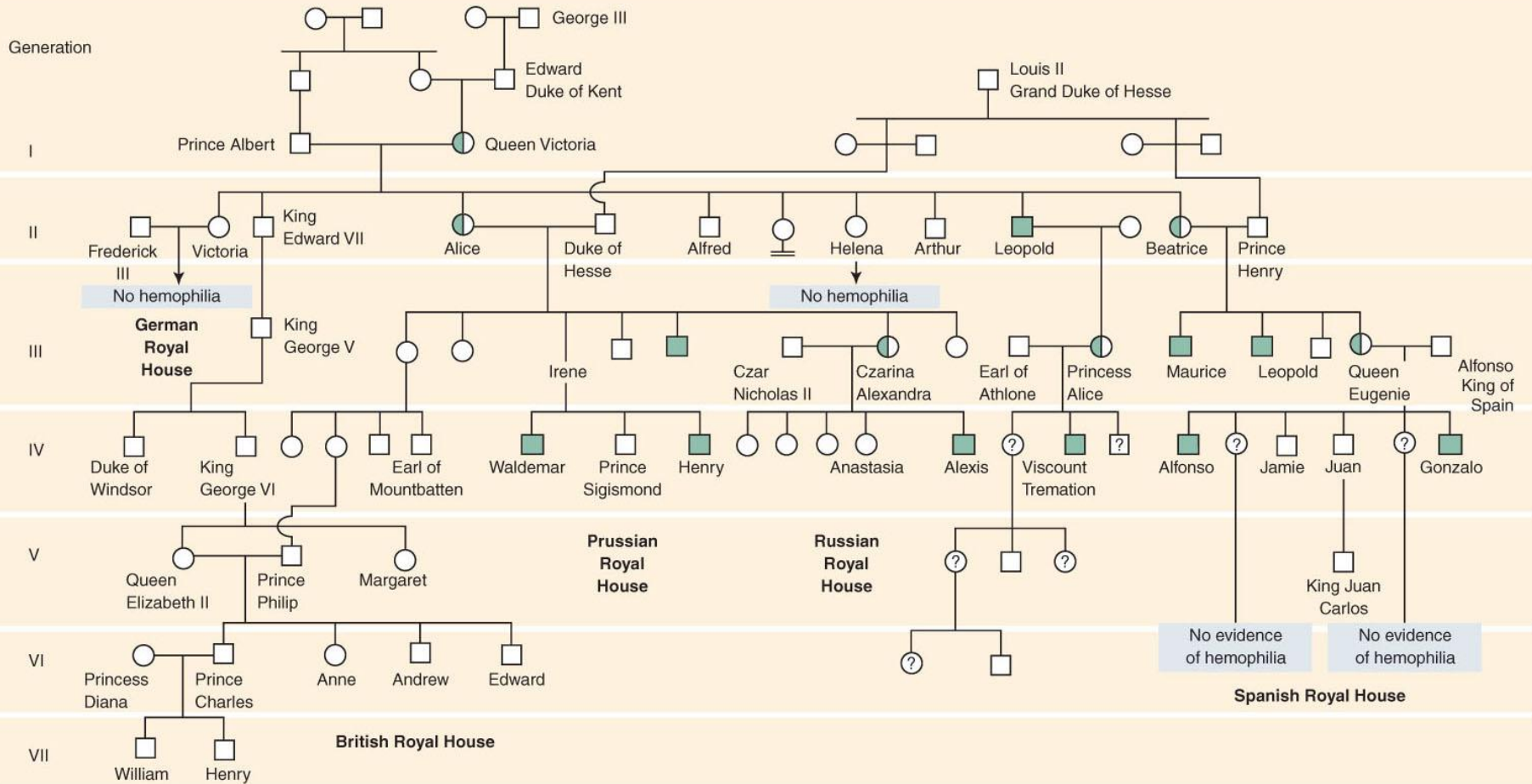
- **Hemophilia** which is the inability of the blood to clot properly.
- **Duchenne Muscular Dystrophy** which causes progressive and degenerative muscle weakness.



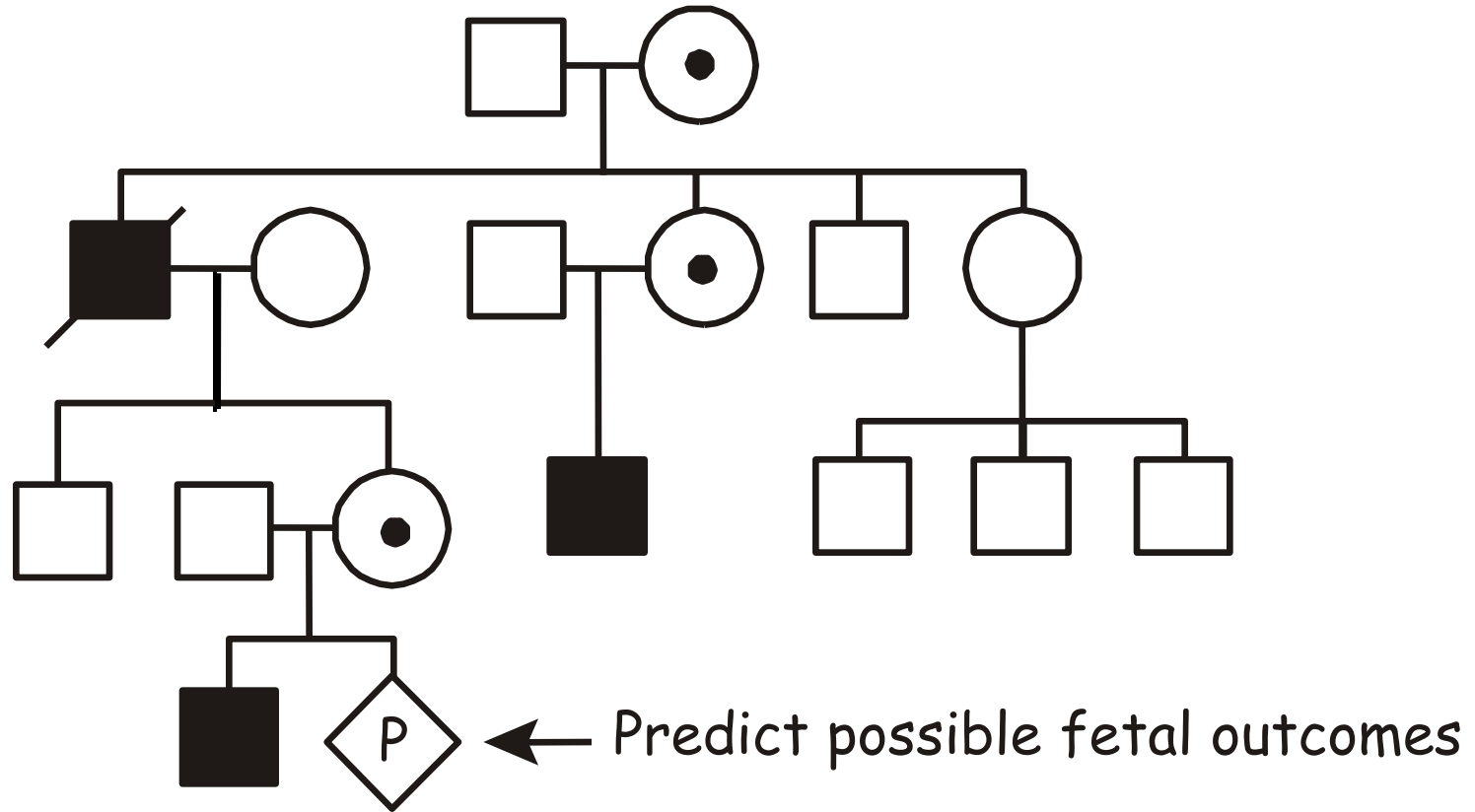
Hemophilia

- Disease that affects a single protein in a cascade of proteins involved in the formation of blood clots
- Form of hemophilia is caused by an X-linked recessive allele
 - Heterozygous females are asymptomatic carriers
- Allele for hemophilia was introduced into a number of different European royal families by Queen Victoria of England

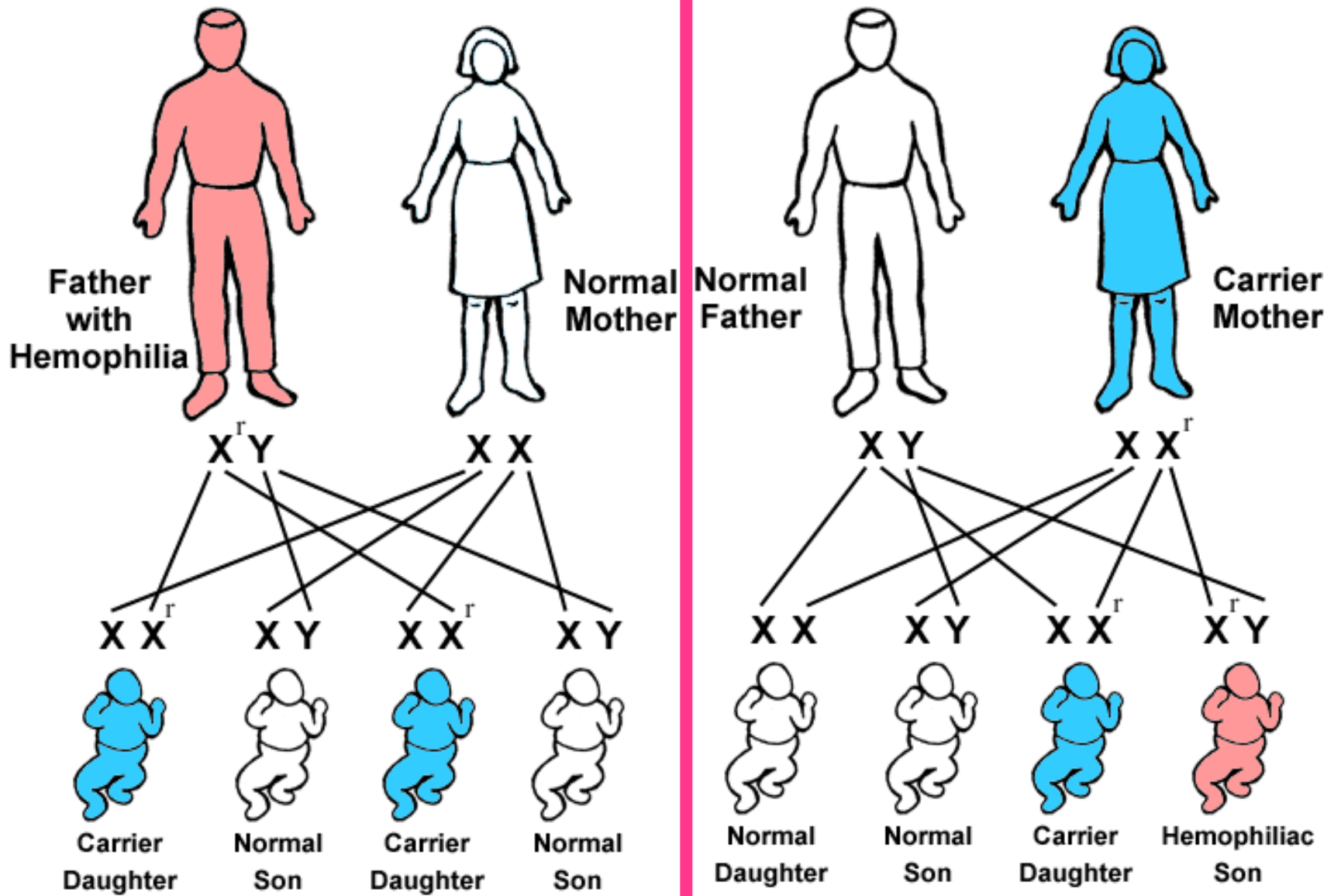
The Royal Hemophilia Pedigree



Example: hemophilia A

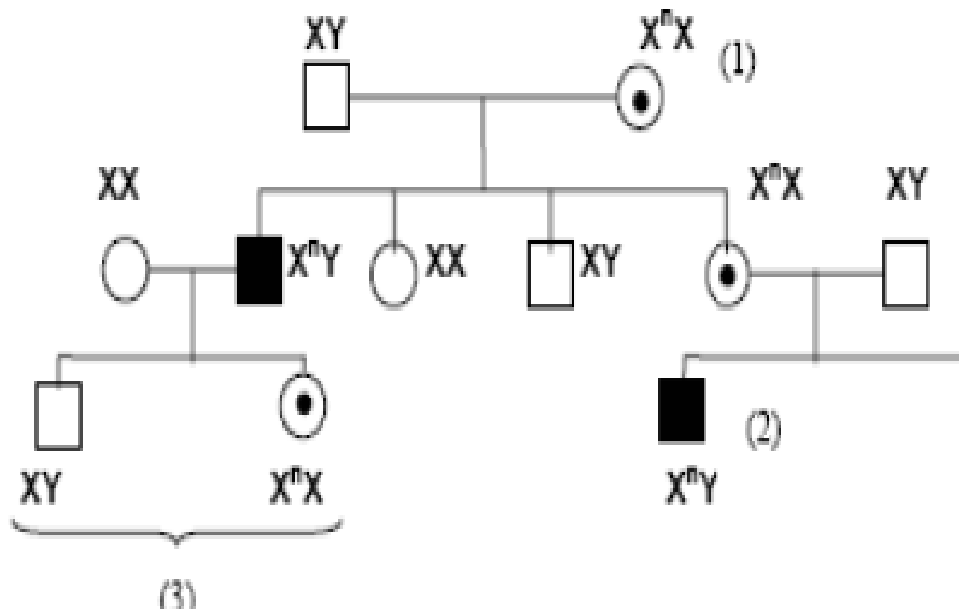


Example: hemophilia A



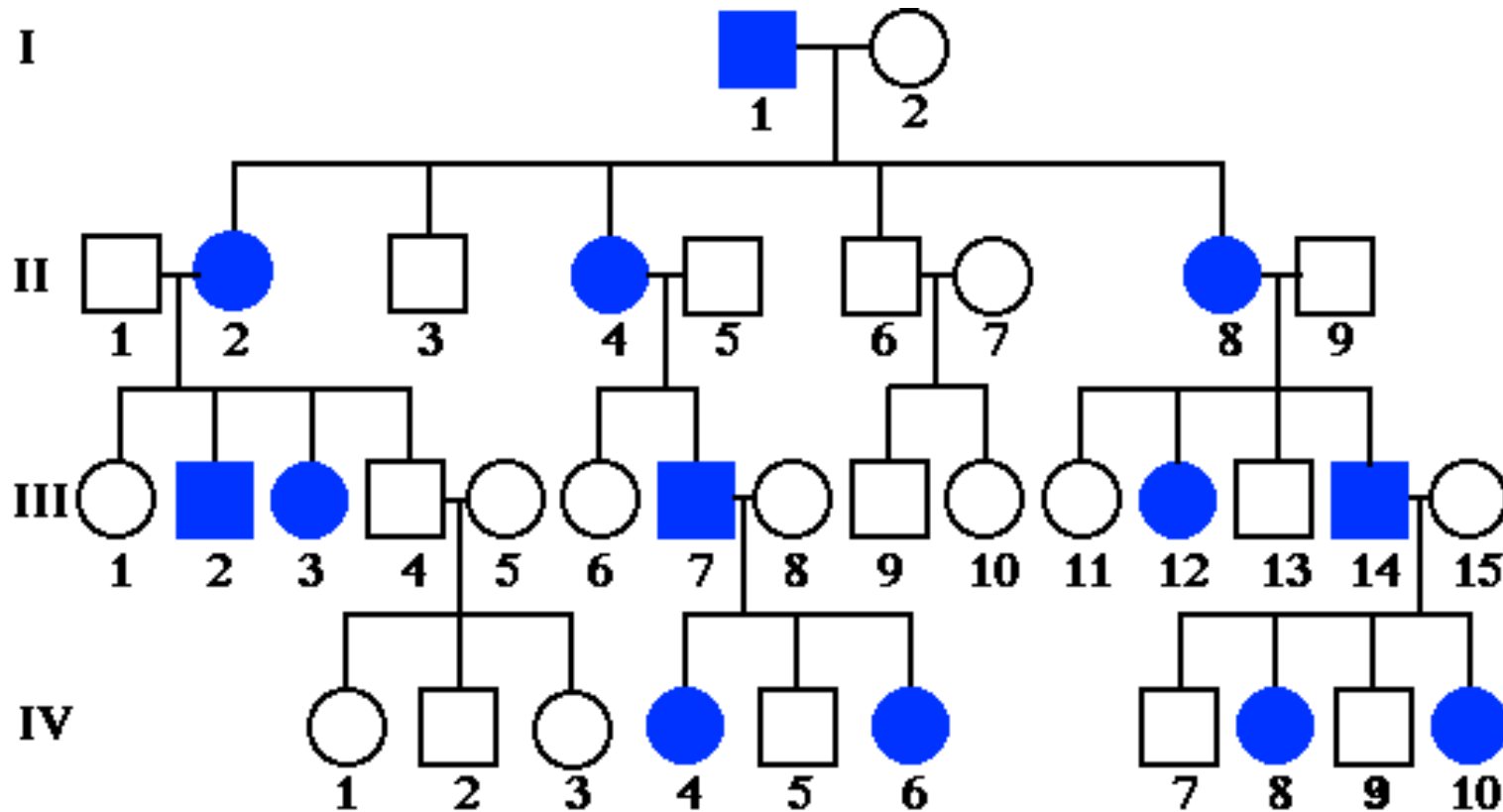
Overview of XR trait

- A number of recessive mutations are X linked.
- Their transmission is described by the following rules:
 - ❑ Females can be carriers of recessive disorders
 - ❑ Males express the respective phenotype because they are **HEMIZYGOUS** for X chromosome. They receive their X from the mother.
 - ❑ Sons of affected males are healthy but daughters become carriers.



X - Linked Dominant Inheritance

- Refers to situations where a single dominant allele on the X chromosome can lead to a trait/condition.
- XD can distinguished from autosomal dominant inheritance by the lack of **male to male transmission**.



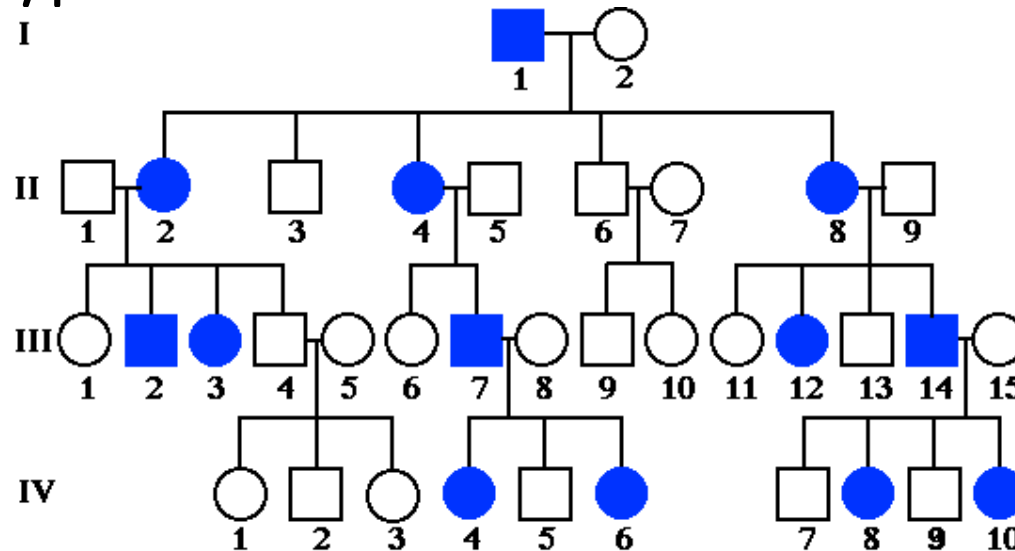
Pedigree 5. X-linked dominant inheritance.

X-Linked Dominant Inheritance

- **Affected fathers** transmit the disorder to **ALL** of their daughters **none** of their sons
- The pattern of inheritance through females is no different from AD pattern
- Each child of an affected female has a 50% chance of inheriting the trait, regardless of sex
- Rare X-linked dominant phenotypes are about twice as common in females, though the expression is much milder in females who are almost always heterozygous

X - Linked Dominant Inheritance

- 1. Usually half the children of an affected female will be affected, regardless of sex.
- 2. All the daughters of an affected male will be affected but none of the sons.
- 3. Affected females typically have milder expression of the phenotype.



Pedigree 5. X-linked dominant inheritance.

X-linked dominant

- Hereditary pattern in which a dominant gene on the X chromosome causes a characteristic to be manifested in the offspring.
- X-linked dominant diseases are those that are expressed in females when only a single copy of the mutated gene is present.
- Very few X-linked dominant diseases have been identified (e.g. hypophosphatemic rickets, Alport syndrome, diabetes insipidus)
 - hypophosphatemic rickets or vitamin D resistant rickets >>>low serum phosphorus, skeletal abnormalities
 - Alport syndrome, which involves progressive hearing loss and progressive kidney problems.

Characteristics of X-linked dominant diseases include:

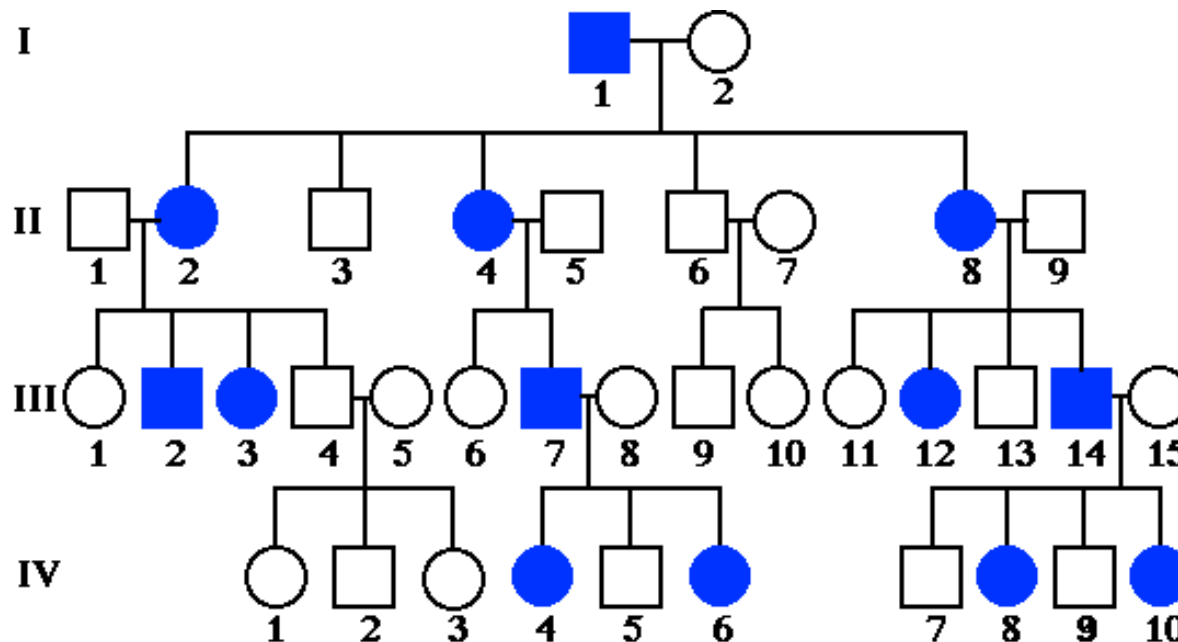
- Never passed from father to son.
- Affected males produce only affected females. An affected male only has one X chromosome to pass on to his daughters
- Affected females produce 50% normal and 50% affected offspring.. >>> heterozygous
- Males are usually more severely affected than females. Some X-linked dominant traits may even be lethal to males.
- Females are more likely to be affected. Since females have 2 X chromosomes, they have 2 "chances" to inherit the mutated allele.

Characteristics of X-Linked Dominant Inheritance

- **Affected fathers** with normal mates have **no affected sons** and **no normal daughters**
- For rare phenotypes, affected females are about **twice as common as affected males** (unless disease is lethal in males), but affected females typically have milder (though variable) expression
- Both male and female offspring of a heterozygous female have a 50% risk of inheriting the phenotype. The pedigree pattern is similar to AD inheritance

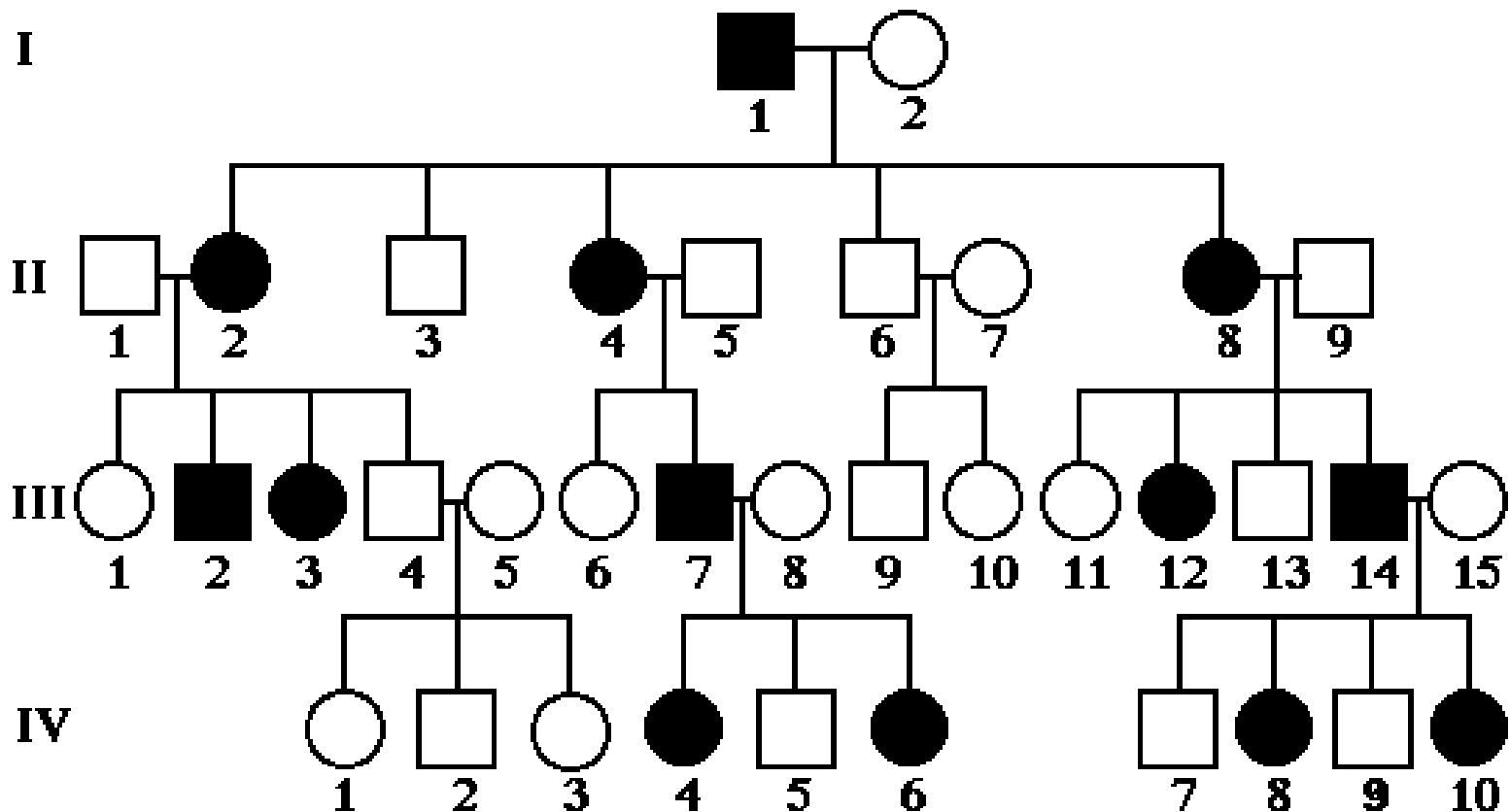
X - Linked Dominant Example

- **Vitamin D resistant rickets** which can lead to bone deformities, particularly in the lower limbs (bowed legs).



Pedigree 5. X-linked dominant inheritance.

The pattern for the pedigree of X-linked dominant inheritance



X-linked Dominant Disorders with Male Lethality

- Some rare genetic defects expressed exclusively or almost exclusively in females appear to be XD lethal in males before birth or early infancy
- Typical pedigrees: transmission by affected female → affected daughters, normal daughters, normal sons in equal proportions.
- Rett syndrome meets criteria for an XD that is usually lethal in hemizygous males.
- The syndrome is characterized by normal prenatal and neonatal growth and development, followed by rapid onset of neurological symptoms and loss of milestones between 6 and 18 months of age.

Rett syndrome cont.

- Children become spastic and ataxic, develop autistic features and irritable behavior with outbursts of crying, and demonstrate characteristic purposeless wringing or flapping movements of hands and arms.
- Head growth slows and microcephaly develops. Seizures are common (~50%)
- Mental deterioration stops after a few years and the patients can then survive for many decades with a stable but severe neurological disability.

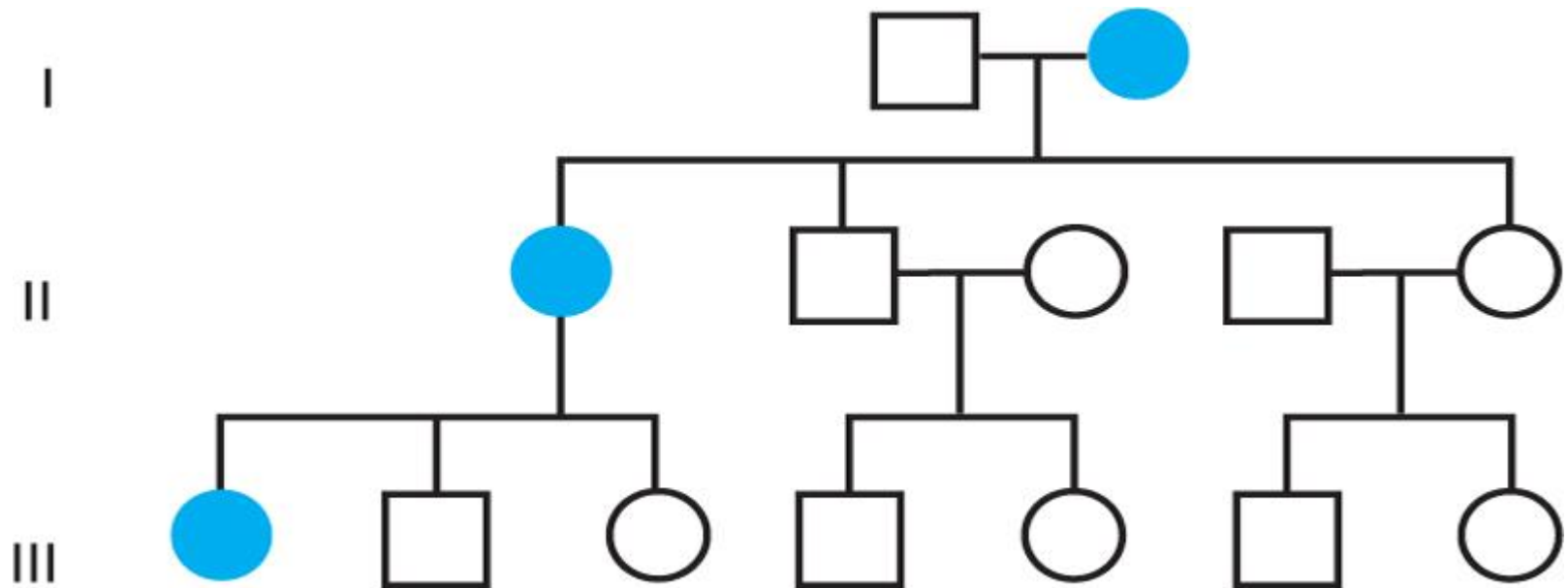


© Elsevier. Nussbaum et al: Thompson and Thompson's Genetics in Medicine 7e - www.studentconsult.com

Typical appearance and hand posture of girls with Rett syndrome

Rett syndrome cont.

- Males who survive with the syndrome usually have two X chromosomes (as in 47,XXY or in a 46,X,der(X) male with the male determining SRY gene translocated to an X) or are mosaic for a mutation that is absent in most of their cells
- There are a few apparently unaffected women who have given birth to more than one child with Rett syndrome. ? X-inactivation pattern in a heterozygous female. ? Germline mosaic



© Elsevier. Nussbaum et al: Thompson and Thompson's Genetics in Medicine 7e - www.studentconsult.com

Pedigree pattern demonstrating an X-linked dominant disorder, lethal in males during the prenatal period.

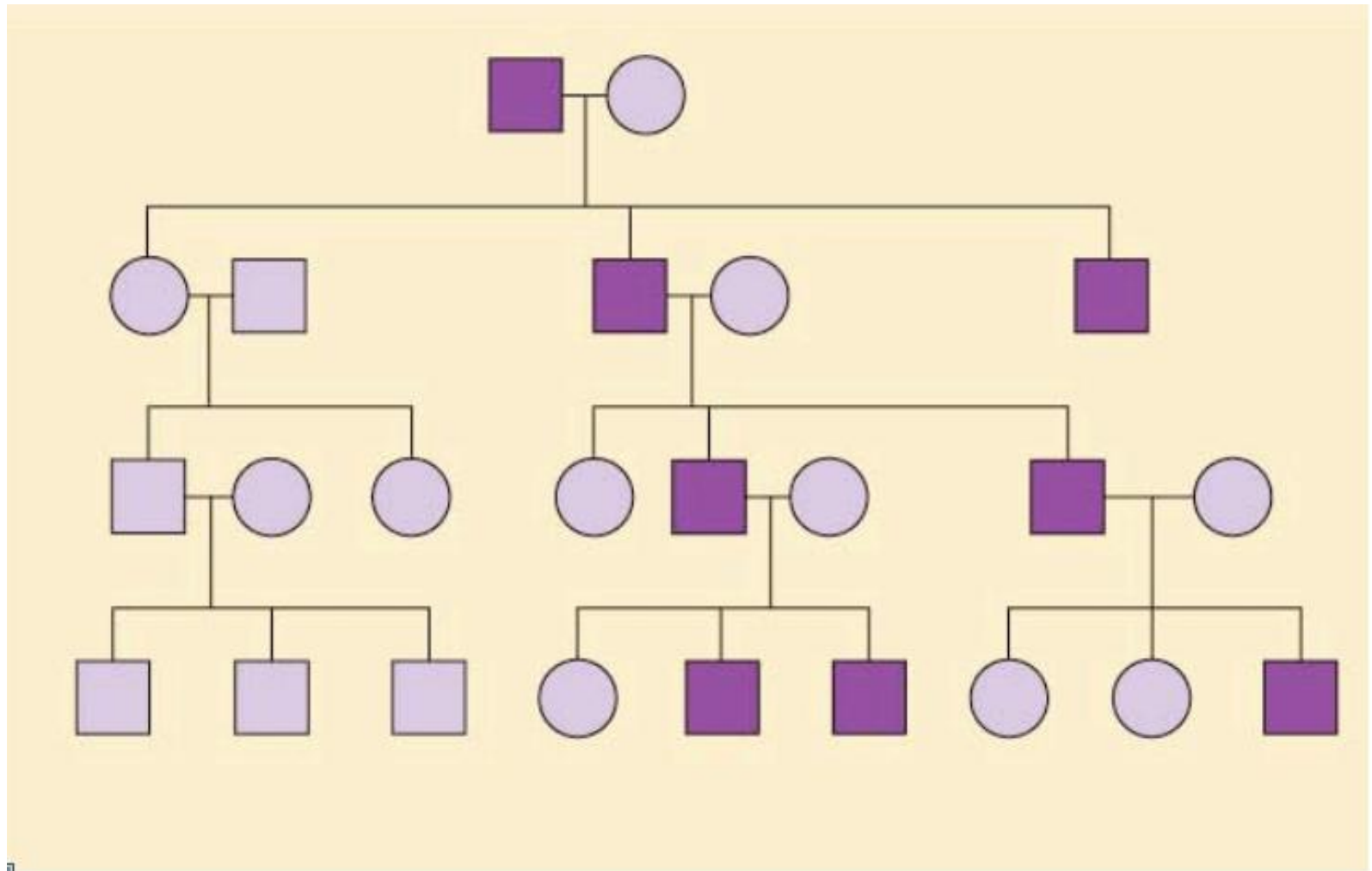
New Mutation in X-linked Disorders

- For a sex-linked recessive disorder with zero fitness, such as Duchenne muscular dystrophy, $1/3$ of disease alleles are in males and are lost with each generation. Thus, $1/3$ of disease alleles must be replaced with a new mutation in each generation
 - DMD is said to be genetic lethal because affected males usually fail to reproduce
 - For hemophilia, in which reproduction is reduced but not eliminated, a proportionately smaller fraction of cases will be due to new mutation
- New mutation constitute a significant fraction of isolated cases of many X linked diseases

Y-Linked Traits

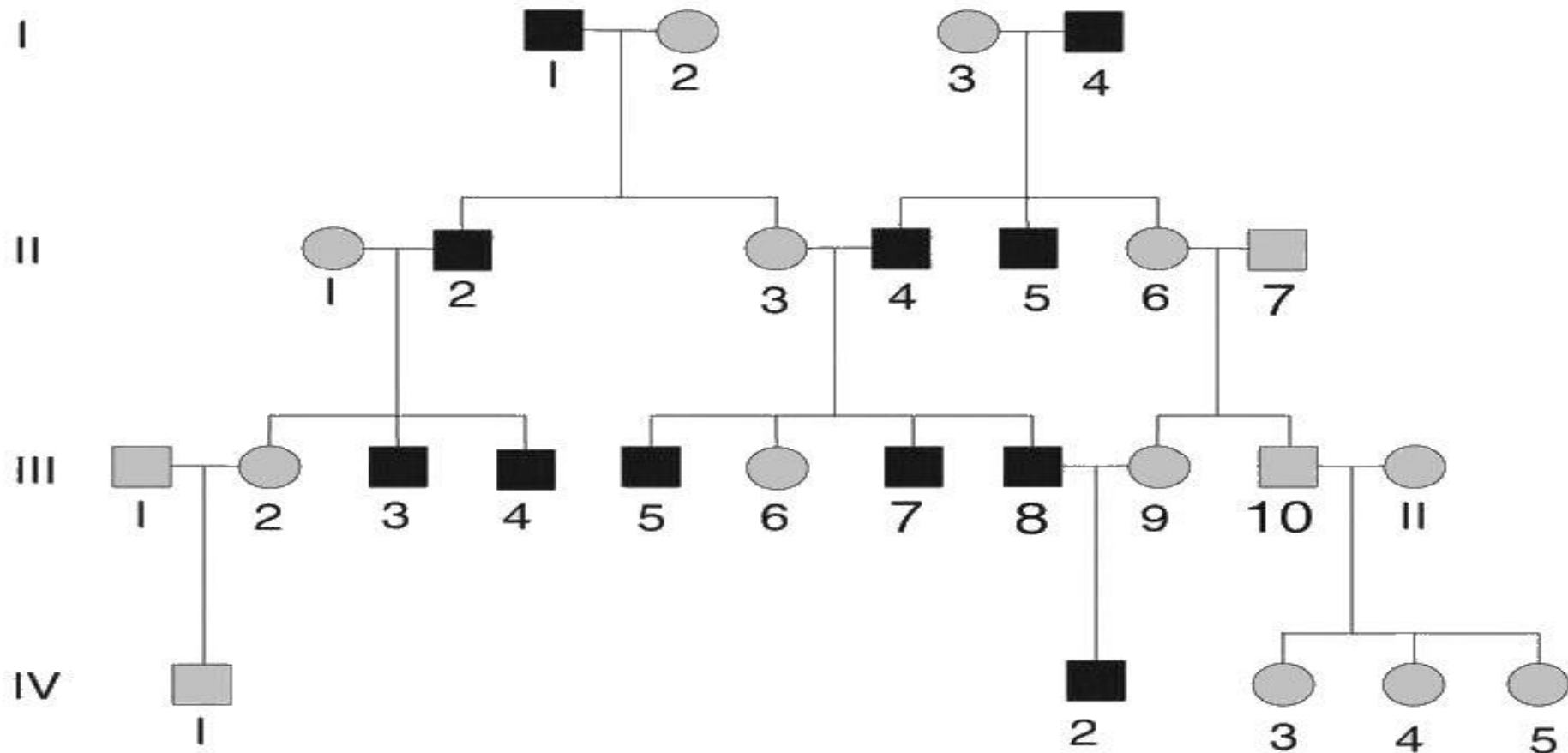
- Only males have Y chromosomes
- Passed from father to sons
- All Y-linked traits are expressed
- Approximately three dozen Y-linked traits have been discovered

Pedigree for Y-Linked Trait



Y-Linked Traits

- No affected **females**
- **ALL sons** of affected males are also affected



Y-linked Inheritance

- **Y-linked (holandric) genes:** < than 50 and **NOT** essential. They are transmitted from father to son and appear only in males
- **ZFY:** The terminal portion of the short arm of the human Y (Yp) chromosome encodes a zinc-finger DNA binding protein (*ZFY*) with the potential for regulating the expression of other genes. A highly homologous gene, *ZFX*, is encoded on Xp.
- **H-YA:** Male specific Histocompatibility Antigen
- **AZF2:** Azoospermia factor
- **TSPY:** Testis-specific protein
- **SRY:** Sex-determining Region Y gene. Testis determining factor
- **X-linked several genes:** many, not involved in sex determination

